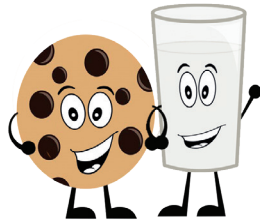




Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1	Chicken Tikka Wrap	Pork Sausages	Roast Chicken Gravy	Fish Fingers	Pizza Selection
OPTION 2	Pasta Neapolitan v	Vegetarian Sausages v	Quorn Balls v Gravy	Vegetarian Sausage Roll v	
SUB OR SANDWICH CHOICE	Ham or Cheese	Tuna or Cheese	Ham or Cheese	Tuna or Cheese	Ham or Cheese
CARBS	Brown & White Rice or Potato Crunchies	Potato Wedges or Pasta	Roast or Mashed Potatoes	Diced Potatoes or Pasta	Chips
PUDDING	Wafflemeister Waffle	Chocolate Cookie or Flapjack	American Pancakes with variety of toppings	Marble Sponge Custard	Fruity Friday A selection of fruit based desserts

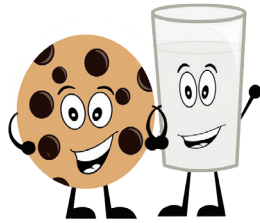
ALL SERVED WITH...



A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets



Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1	Chicken Goujons	Beef Bolognaise	Roast Pork Gravy	Chicken Tikka Masala	Pizza Selection
OPTION 2	Vegetable Lasagne v	Country Vegetable Bake v	Shepherdess Pie v	Mac & Cheese v	Cauliflower & Sweet Potato Curry v
SUB OR SANDWICH CHOICE	Ham or Cheese	Tuna or Cheese	Ham or Cheese	Tuna or Cheese	Ham or Cheese
CARBS	Potato Crunchies or Pasta	Spaghetti or Potato Wedges	Roast or Mashed Potatoes	Brown & White Rice	Chips or Brown & White Rice
PUDDING	Mini Doughnut	Syrup Sponge Custard	Chocolate Shortbread	Fruit Jelly	Fruity Friday A selection of fruit based desserts

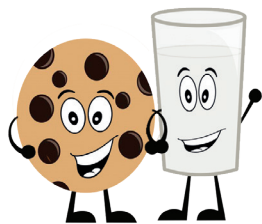
ALL SERVED WITH...



A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets



Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1	Pizza Naan	Fish Stars	Roast Beef Gravy	Chicken in a Bun	Pizza Selection
OPTION 2	Quorn Dippers v	Mac & Cheese v	Quorn Balls v Gravy	Cheese & Onion Roll v	
SUB OR SANDWICH CHOICE	Ham or Cheese	Tuna or Cheese	Ham or Cheese	Tuna or Cheese	Ham or Cheese
CARBS	Potato Crunchies or Pasta	Garlic Bread or Potato Wedges	Mashed or Roast Potatoes	Diced Potatoes or Pasta	Chips
PUDDING	Wafflemeister Waffle	Hot Chocolate Sponge & Custard	Cornflake Cake	Shortbread Selection	Fruity Friday A selection of fruit based desserts

ALL SERVED WITH...



A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets