

NEWSLETTER



East Park's very first Virtual Sports Week is coming soon...

Starting on Monday 29th June, we are launching our very first East Park **Virtual Sports Week**. Sounds exciting doesn't it? We would like as many children and families to take part; we are very excited and cannot wait for it to begin!

So, how will it work?

On Monday, we will launch our sports week with a video shared on our YouTube channel. We would like you and your family to compete against the clock in 10 different activities lasting 30 seconds each. You will have all week to take part. Perhaps you could do two activities each day? Or designate one day to do them all?



Our 10 sports week challenges

How many of the following can you do in 30 seconds:

1. Throwing a tennis ball at a wall and catching it (use a cuddly toy or a pair of socks if you don't have a ball)
2. Jumping over a cereal box
3. Bouncing a ball using a bat (use a frying pan and a pair of socks if you don't have a bat and ball)
4. Throwing pairs of socks into a box/container/hoop from 2 m away
5. Skipping with a rope
6. Kick ups using a football (use a toilet roll if you don't have a ball)
7. Throwing a ball into the air, clapping and catching it (use a pair of socks if you don't have a ball)
8. Egg and spoon circuits
9. Hopping on one leg
10. Star jumps



As you can see, all of the challenges have been designed with alternative household items if you do not have the equipment at home. They can be completed either indoors or outdoors.

House teams

Just like with our normal East Park sports days we would love to see all of our children wearing their house colours whilst completing the 10 sports challenges (but this is not essential). Children can wear their school P.E. tops or a t-shirt of their house colour. If your child's P.E. kit is in school, unfortunately this cannot be collected due to current COVID restrictions. Here is a reminder of our school house colours:

Manders—Blue

Sunbeams—Red/Pink/Purple

Wanderers—Orange/Yellow

Wulfrunians—Green

We would love to see the fun you are having whilst taking part so please take some photographs and send them to your year group email.



Manders



Sunbeams



Wanderers



Wulfrunians

Sharing your results

Once you have completed all 10 challenges, record your results and add them up to give you a total overall. Email this total to your year group email by 4pm on Friday 3rd July. Each class from nursery through to Year 6 will award an overall winner, a 2nd place and a 3rd place and these children will receive a sports week certificate. We hope that you enjoy taking part in our sports week—we can't wait to see your photographs and to see your challenge totals by the end of the week.



Induction days

We are busy preparing school for our induction days during the week beginning 13th July. Here is a reminder of the days that children are invited in to spend the day with their existing class teacher and meet their new teacher too. Please confirm your child's attendance using the FORMS that was shared via ParentMail on Wednesday. We can't wait to see you!

Induction days			
Day	Year group	Classrooms	Access point
Monday	Year 4	Year 5	Main school gate for year 6 playground – through the crush hall entrance
Tuesday	Year 3	Year 4	Thornton Road gate to back playground
Wednesday	Year 2	Year 3	Thornton Road gate to back playground
Wednesday	Roots and shoots	Roots and shoots	Year 6 playground using the Thornton Road gate
Thursday	Year 1	Year 2	Year 2 gate nearest the park
Thursday	Year 5	Year 6	Year 6 playground using the Thornton Road gate
Friday	Reception	Year 1	Thornton Road gate to back playground

Home learning

A big thank you to all of our children and families who have joined us for our live sessions this week and who have accessed our learning videos and quizzes. It has been so good to see your faces on screen and we hope that you have enjoyed this week too. Thank you also for supporting us this week when technical difficulties have arisen!

TEAMS lesson schedule for 29.06.20	
Monday - Thursday	
Year group	Lesson 1
Year 5	9.00
Year 4	9.30
Year 3	10.00
Year 2	10.30
Year 1	11.00
Reception	11.30

On Friday, Roots and Shoots will have a live session at 12—this will now be the only live lesson taking place on Fridays.

Assemblies

As shared in a ParentMail this week, assemblies have now ended for this school year. We look forward to assemblies starting again in September although they may have to continue to be the virtual kind for a little while longer. Thank you for your understanding.

