



## PE at East Park

### INTENT

At East Park Academy, our Physical Education curriculum incorporates dance, a range of games, gymnastics, swimming and water safety, athletics and outdoor adventure activities. We intend to develop the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. Physical Education at East Park involves thinking, selecting and applying skills whilst promoting positive attitudes towards a healthy lifestyle. We intend to encourage children to make informed choices about physical activity throughout their lives beyond East Park.

Our PE curriculum is designed to allow each pupil to:

- Increase participation across the school in physical learning opportunities in order to develop healthy lifestyles.
- To develop confidence.
- To take risks.
- To create a sense of belonging.
- To increase engagement in sports.
- To inspire our children to participate fully in PE lessons and the wider community competitions.
- To teach and develop the skill of swimming to save lives.

The aims for each child are:

- To enable children to develop and explore physical skills with increasing control and coordination from Nursery to Year 6.
- To encourage children to work and play with others in a range of group situations.
- To develop the way children perform skills.
- To apply rules and conventions for different activities/sports.
- To increase children's ability to use what they have learnt to improve the quality and control of their performance and performance of their peers.
- To teach children to describe how their bodies feel during exercise.
- To develop the children's enjoyment of physical activity through creativity and exploring their imagination.
- To develop an understanding in children of how to succeed in a range of physical activities.

- To develop competence to excel in a broad range of physical activities.
- To be physically active for sustained periods of time.
- To engage in competitive sports and activities fairly.
- To lead healthy and active lives.

## IMPLEMENTATION

At East Park Academy, we are committed to meeting the requirements of the primary National Curriculum. The curriculum planning in PE gives details of each unit of work for each term linked to our progression of skills document. These documents define what we teach and ensure an appropriate balance and distribution of work across each term. Class teachers then use the progression of skills document to teach from on a weekly basis.

We plan the PE opportunities so that they build upon the prior learning of the children. While there are opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area, there is planned progression built in, so that the children are increasingly challenged as they move up through the school.

KSI allows for skills development through improving balance, coordination, agility and flexibility, whereas KS2 builds on these skills in a game situation teaching the children the basic rules of the game and tactics.

We provide opportunities for our pupils to learn about sporting achievements and people through our Sports Enrichment Week, which takes place every year during the Summer Term.

Extra-curricular activities: The school provides a broad range of PE-related activities for children at the end of the school day and during lunchtimes. The school sends details of the current club activities to parents at the beginning of each term and the children select which club they want to take part in. The clubs on offer are as follows: Football, Volleyball, dance, cricket and Rounders.

East Park also plays regular fixtures against other schools within the Manor MAT. This introduces a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons and their clubs. These opportunities develop a sense of team spirit and co-operation amongst our children to enable them to become an all-rounder.

### Organisation and Planning

As PE is a foundation subject, East Park uses the national scheme of work as the basis for its curriculum planning in PE. As required, we teach dance, a range of games and gymnastics at Key Stage 1. In Key Stage 2, we teach dance, games and gymnastics, plus two other activities: swimming and athletics. We teach outdoor and adventure activities in Key stage 2 on our two

residential experiences in Year 4 and Year 6. Swimming activities are introduced in Year 3 and then picked up again when the children are in Year 6 as a catch-up program.

In EYFS, we encourage the physical development of our children in the nursery and reception classes as an integral part of their work. As both the nursery and reception classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

### Assessment and recording

Our Teacher Assessment Frameworks (TAFs) will be used by staff to reflect on the progress that is being made each term. Senior Leaders will evaluate progress that has been made and the impact of the curriculum to ensure all pupils, including the most disadvantaged and pupils with SEND have been given the knowledge and cultural capital they need to succeed in life. Teachers assess children's work in PE by making assessments as they observe them working during lessons. They record the progress made by children against the learning objectives for the module and the classes TAFs. At the end of a unit of work, teachers make a judgement of attainment against the TAFs, which have been set against National Curriculum age related expectations. These are then passed onto the next teacher as a starting point for next year.

### Staff CPD

As part of our weekly programme of staff CPD, we aim for there to be a PE staff meeting once per term or when required. This will include CPD linked to sharing our East Park approaches; developing staff subject knowledge, developing staff confidence, sharing planning ideas and reviewing our teaching and learning. Monitoring of the quality of teaching and learning in PE, led by the PE subject lead, R James, and the Senior Leadership Team, identifies priorities for moving forward and enables best practice to be shared.

### IMPACT

At East Park, through our rich and broad PE curriculum, we are enabling children to gain the knowledge, skills and understanding they need to apply to their PE learning and development. Each of our children is individual and unique and each has a potential that we need to unlock. Our school motto is 'Growing Hearts and Minds' and through our curriculum we enable this to happen.

The quality of education will be evaluated to ensure that it enables children to achieve the highest standards and supports them in being confident, resilient, self-motivated independent learners with the skills to be a lifelong learner.