

Year 1 Supplementary Learning week commencing 1st March 2021

Lesson	Monday	Tuesday	Wednesday	Thursday	Friday
PE Start the day being active	Joe Wicks	Cosmic Yoga - Pedro the Penguin	Joe Wicks	Cosmic Yoga - Arnold the Ant	Joe Wicks
Maths	Oak National Academy Measure	Oak National Academy Measure	Oak National Academy Measure	Oak National Academy Measure	Oak National Academy Measure
English	Oak National Academy Listen to a story	Oak National Academy Tell a story	Oak National Academy Describe using senses	Oak National Academy Capital letters for names	Oak National Academy Own experiences
Foundation	PSHE Oak National Academy Feeling good	History Oak National Academy How has improved transport made our world more connected?	Geography Oak National Academy What is Antarctica like?	PE Oak National Academy Basic Balance	Art Oak National Academy Exploring shadows and tone