

# Year 5 Timetable

Subject	Monday	Tuesday	Wednesday	Thursday	Friday
LIVE	Introduction to this week and Prize Draw	Live P.E session	Let's Get Quizzical – Brilliant Books	Countdown	Assembly – Stars and Learners of the week.
Maths	<a href="#">Oak National Academy</a> <i>I can measure and calculate the perimeter of rectangles in centimetres and millimetres.</i>	<a href="#">Oak National Academy</a> <i>I can draw shapes of a given perimeter</i>	<a href="#">Oak National Academy</a> <i>I can calculate the perimeter of rectangles in centimetres and metres</i>	<a href="#">Oak National Academy</a> I can calculate the perimeter of simple compound shapes	<a href="#">Oak National Academy</a> I can calculate the perimeter of composite shapes
<b>Break</b>					
Wellbeing Week Activities	<p><b>Worry box</b> Emoji diary - Emoji fans, how children are feeling on different days relate to emoji. Mood art - feelings represented by different colours E.g. anger – red or what makes them feel a particular emotion E.g. scared of storms. Ideas represented into art.</p>	<p><b>Hand art picture</b> 30 second video – how to stay safe (give sentence stems) Comic strip (pictures and speech bubbles) – how to stay safe</p>	<p>Helping hands - Drawing around their own hand Helpful Heroes- Drawing/labelling/writing about a hero Jar of Smiles- Helpful acts each day</p>	<p>Nature Watch – identifying local wildlife Cookery / Food technology – recipes and other creativity No tech hobbies!</p>	<p>Create a time capsule Time capsule poem (video or written poem) – based on Magic Box poem – I will put in my time capsule... Thumbprint art – use thumbprints to create a piece of art of your family that can be added to your time capsule</p>
<b>Lunch</b>					
Wellbeing Additional Activities	<p>Think about something that might be worrying you at the moment. Make a comic strip in which you overcome those worries. How did you do it?</p> <p>Draw your happy place and imagine it when you are feeling tense.</p>	<p>Keep a food diary to review the food and drink that you consume each day.</p> <p>Which parts of your diet are the healthiest?</p>	<p>Make a scrapbook or a collage to show things that make you smile, or things that you are proud of.</p>	<p>Try star gazing. Look outside at night and search for the stars. Can you make any pictures or patterns with them?</p> <p>Go on a 'senses walk'. Head to a familiar place (or somewhere completely new) and think of all of the things that you can see, hear, smell and feel.</p>	<p>Make a list of all of the things that you are grateful for. Could you show these on the petals of a flower drawing or the coloured stripes of a rainbow painting?</p> <p>Find out about a charity that is important to you and think of ways that you could help.</p>